

perfect uncluttered chicken stock smitten kitchen - in a slow cooker place all ingredients in a slow cooker cook on low for 8 to 10 hours or high for 4 to 5 hours in an instantpot or electric pressure cooker place all ingredients in your 8 quart instantpot or electric pressure cooker cook on high pressure for 1 hour, **the food timeline cake history notes** - beet cake aka chocolate beet cake a few weeks ago we published our notes on red devils food cake what makes it red and a reader responded the beets our survey of recipes published in historic newspapers and cookbooks confirms wwii era cake recipes sometimes substituted beet sugar for rationed white granules, **our complete guide to frugal healthy eating frugalwoods** - i ve tackled the question of thrifty vittles over the years in a multitude of ways and i encourage you to peruse my food section for a complete treatment of the topic today as part of my uber frugal month challenge i m going to outline the most comprehensive the most thorough the most delicious rundown of frugal food that i can possibly muster, **tonight s dinner is food lifestyle** - powerd writes hi sail i have never heard of eggs done in pressure cooker very interesting idea so do you have them cook under pressure for 6 mins or does that include coming up to temp, **tomato sauce with onion and butter smitten kitchen** - i could no longer resist this sauce and frankly i don t know why i even tried to food bloggers obsess over it and they re not a bad lot to base a recipe selection upon adam of amateur gourmet fell for it five years ago molly at orangette raved about it over two years ago with a bonus, **my whole30 survival kit the pike place kitchen** - a collection of tips tricks i wish i knew at the start of my whole30 free weekly planning sheets to make meal planning grocery shopping a breeze, **beef stew with carrots potatoes once upon a chef** - today i made this beef stew for the second time holy smokes it is hands down the best beef stew i ve ever had my only footnote at the end i scoop out all the beef chunks and veggies onto a platter, **funny food habits tasty island** - the cereal box tribune upon reading rodney s latest post this morning over at his midlife crisis hawaii blog about eating cereal it reminded me of when i was a young boy i used to always glance over the cereal box as i ate my cereal you ever did that first you start with the back of your cap n crunch cereal box all about how awesomely fun that toy prize included at the bottom will be, **home freeze drying the good the bad and the ugly** - home freeze drying the good the bad and the ugly, **jack keller s wineblog** - some other wine blogs there are hundreds of wine blogs according to alder yarrow see below none have been around as long as jack keller s wineblog but 99 of these newcomers are for wine consumers not winemakers they have anointed themselves the official wine blogosphere

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